



OFFICE OF THE PRINCIPAL

GOGAMUKH COLLEGE

(NAAC Accredited with Grade 'B')

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Principal

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Ref. No.

Date.....

Report On International Yoga Divas

In pursuance of the letter No. DHE/PA/Misc/3/2022/38 , 8th International Yoga Day was observed by Gogamukh College NSS Cell in collaboration with RUDRAKSH YOGVIGYAN MAHAVIDYALAYA, (A regd. & Govt. aided Yoga institution) and in association with Dhemaji-Dhakuakhana ACTA Gogamukh College women Cell under the Chairmanship of Dr. Dilip Kr. Jha Principal Gogamukh College maintaining all the protocols given by the UGC vide letter No. D.O.No.1-16/2021 . The programme started positively by 6.40 A.M morning on 21-06-2022. Mr. Ajay Kr. Patir, Asst Prof. in Political Science ,Dhemaji College and Mr. Ajit Sharma, Asst. Prof. of Harhi College were present as the guest of honour in the occasion. The Yoga session was started by Mr. Jadav Pokhrel instructor of Yoga and his associated participated by the Teaching and Non-teaching staffs, students and others. More than 200 participants took part in the occasion and practiced yoga. Prior to starting of the yoga all the participants viewed the programme of Hon'ble Prime Minister Narendra Modi's telecasted program on Youtube.

Before winding up the programme Dr. Dilip Kr. Jha Principal, Gogamukh College announced that from the very next month i.e. July a Diploma Course on Yoga will be started at Gogamukh College campus which will be open for every age group.



Dr.Dilip Kr. Jha
Principal
Gogamukh College